



DRAGON TANG SOODO

Gup Grading Form

Please complete in Block Capitals

Full Name

Grade Applied for

Address

Date of Test

Post Code

Club

Email

Instructors Signature

Tel No

Applicants Signature
(Guardian if under 18 years)

Date of Birth

Remarks e.g. Injuries, Ailments etc.

Complete as Appropriate

A= Excellent

B= Very good

C= Satisfactory

D = Below Average

E= Referred

Hand Techniques - A B C D E

Kicking Techniques - A B C D E

Hand/Foot Combinations - A B C D E

First Hyung - A B C D E

Second Hyung - A B C D E

Additional Hyungs - A B C D E

Weapons Hyungs - A B C D E

One Steps/Self Defence - A B C D E

Bong One Steps - A B C D E

Free Fighting - A B C D E

Breaking - A B C D E

Attitude, Spirit & Determination - A B C D E

Improve the following:

Pay attention to detail

More effort/power

Stances: Front Back Horse Side

Focus of Eyes Chamber Position Ki Haps

Shape of foot on kicks

Forms

Ki Cho Hyung 1 2 3

Pyung Ahn 1 2 3 4 5

Bassai

Naihanchi 1

Bong Form 1 2 3

Hands – No's

Kicks – No's

Self Defence – No's

Bong – No's

Fighting comments:

Perform Breaking Technique in class

Other comments:

Examining Panel Approving Promotion

1.

2.

3.

4.

5.

6.